



WHAT DO SCHOOL COUNSELORS DO?

We work alongside teachers and parents to help students develop socially and emotionally, and to help remove any barriers they have to learning!

WHAT WE PROVIDE

- Classroom lessons teaching social skills, how to take care of strong feelings, study skills, etc.
- Small group counseling
- Short-term individual counseling
- Consultation with parents and teachers.
- Community resource referrals (including longer term therapy services)
- Schoolwide programming (Kindness Week,)



CONTACT US

Phone: 703-670-2885

Ms. Kaminski
Grades: K and 2nd
kaminski@pwcs.edu
Henderson: Tues/Wed/Friday

Ms. Brown
Grades: 1st and 3rd
brownam3@pwcs.edu

Mrs. Padgett
Grades: 4th and 5th
padgetlm@pwcs.edu

Contact us if there is anything we can do to support your student.

HENDERSON ELEMENTARY SCHOOL COUNSELING

Counsel, Educate,
Advocate, Empower



OUR SCHOOL COUNSELORS

Ms. Brown
Ms. Kaminski
Mrs. Padgett

HOW CAN WE SUPPORT PARENTS

- Helping to handle social or emotional concerns you have about your child
- Improving parent-child communication
- Family difficulties or concerns that affect your child at school
- Referrals for community resources
- Understanding the developmental changes of childhood
- Helping your child to be on time to school every day
- Discussing concerns about your child's academic achievement

WHAT DO WE TALK ABOUT WITH STUDENTS IN LESSONS

- Making and keeping friends
- Setting goals
- Teamwork
- Self-esteem
- Making good choices
- Being Responsible
- Managing strong feelings
- Conflict resolution



HOW DOES A STUDENT SEE THE COUNSELOR

- Self-referral
- Parent referral
- Administrative, staff, or other teacher referral
- Referral by friend(s)

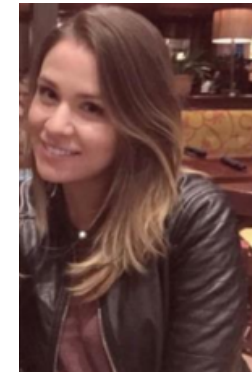
ABOUT US

Alyssa Brown

Hi Henderson family! This is my first year at Henderson and I am so excited to get to know everyone. I received my M.S.Ed. in School Counseling at CUNY Brooklyn College. I firmly believe that every student has a “superpower” and my passion lies in helping students discover it for themselves.



Kristin Kaminski



Hello Henderson family! I graduated in 2016 with my Bachelor's degree in Education and Special Education. After teaching Kindergarten for a year, I decided to get my degree in School Counseling. I am so happy to be one of your counselors!

Lisa Padgett

Hello Henderson families! I am thrilled to be a part of the Huskie family once again. I hold a M.S. degree in School Counseling from Long Island University. I look forward to working with you to support your child both socially, academically and emotionally throughout the school year.

